

October 2024

The Charger

Jodi Testa, Principal
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The Official Newsletter of SFTJH/CAC

As we move forward into the school year, we want to take a moment to emphasize the importance of academic effort and the role of grit in your child's success. Middle school is a pivotal time for developing the habits and mindset that will carry students through high school and beyond. While it's normal for students to face challenges, it's how they respond to those challenges that makes all the difference.

Academic Effort: The Foundation for Success

We encourage our students to always give their best in every subject, every assignment, and every activity. Academic effort isn't just about getting good grades—it's about engaging in the learning process, asking questions, and striving to improve. When students invest time and energy into their studies, they build a solid foundation for future success. Consistent effort leads to greater understanding, improved problem-solving skills, and increased confidence in their abilities.

The Power of Grit: Perseverance Through Challenges

Grit, the ability to persevere through difficulties and maintain effort over time, is one of the most valuable qualities a student can develop. Research shows that grit is a better predictor of long-term success than talent alone. We believe in encouraging our students to embrace challenges, learn from their mistakes, and never give up, even when things get tough. This perseverance will not only help them academically but also in all aspects of life.

Hard Work Pays Off

Though the results of hard work may not always be immediate, the payoff is worth it. We remind students that success comes from consistent effort over time, and each small step they take now contributes to their long-term goals. Whether it's mastering a difficult math concept or improving writing skills, the work they put in today will pay dividends in the future.

As parents and guardians, you play a crucial role in supporting your child's academic journey.

Encouraging regular study habits, setting goals, and celebrating their effort, not just outcomes, can help reinforce the value of hard work and grit. Together, we can help our students grow into resilient, hard-working individuals ready to tackle whatever challenges lie ahead.

Thank you for your continued support. Let's work together to make this year a successful one for our students!

Warm regards,
Jodi Testa

Work
hard
and be
nice to
people

Nursing News ...



Dental Clinic at school on
October 4th:
contact the school at the link
below to register

<https://tinyurl.com/3h4pewss>

TRAIL FAMILY...
Please join the nursing staff at
their table during the SFT
Homecoming game---
We will be registering
individuals in an effort to find
a match for Josie and Lenna---
it is only a cheek swab!!

fighting for

Josie and
Lenna
aplastic anemia awareness



Sept 27th
1pm & 7pm

**Santa Fe High School, Overbrook
Homecoming**



YOU COULD BE THE CURE FOR JOSIE

Or any patient in need.

Join the NMDP RegistrySM today.



Text JosieLennaFight to 61474 or scan QR Code to get a kit



Josie, searching patient



Your paragraph text

Be the Cure

You could be the cure for Joise & Lenna or any searching patient in need. Join the NMDP Registry today. Get a cheek swab testing kit delivered to you by texting.

Text JosieLennaFight to 61474

Every year **2 out of 1 million people** are diagnosed with aplastic anemia...this year 2 siblings in our Trail family were diagnosed.

Wouldn't it be amazing and incredible if this wonderful community could defy the odds and provide the match and the cure for Josie & Lenna??

OCTOBER 2024 | BY KARA HOLBERT

CHOIR & MUSIC ANNOUNCEMENTS



6th Grade Choir - Students have been working hard this past month learning all about how to read Choral Music and perform music in two parts! They have lots of energy and we have been having lots of fun making music.

7th & 8th Grade Choir - Students have been working hard on their music that they will be performing at the Pioneer League Concert at Osawatomie on October 23rd. They are singing several different styles of songs, including one that has words in Spanish! Then we will be working towards our performances at the end of the semester.

COMING UP:

October 23rd - JH League Choir Concert @ Osawatomie
November 11th - Veteran's Day Assembly @ CAC
December 4th - 7th & 8th Grade Band & Choir Concert
December 11th - 6th Grade Band & Choir Concert

4TH GRADE MUSIC

newsletter

WHAT WE ARE LEARNING:

Have you ever heard of Pumpkin Bones? Don't be surprised if you hear your musicians singing this very catchy Halloween tune as Pumpkin Bones is here for the first time at Carbondale! This month, we will be focusing on basic music fundamentals in preparation for our upcoming program and continuing to expand our knowledge of some music history. Happy Halloween!

Pumpkin Bones



Meet Pumpkin Bones!

UPCOMING EVENTS:

Christmas Program - Wednesday, December 18, 2024 in the CAC Gym
More details will be sent out soon!

CONTACT:

Allison Nelson
anelson@usd434.us



Upcoming Performances

**November 11th: 7th/8th Veteran's Day
Assembly**

**November 21st: 5th Grade Band Concert
7:00pm**

December 4th: 7th/8th Band Concert 7:00pm

**December 6th: 6th Grade Band Concert
7:00pm**

Announcements

The band members have been working extremely hard this first month of school. 7th and 8th grade are diving into concert music, 6th grade is progressing quickly through their skills book, and 5th grade is diving right in to their band experience! The students will be completing their first playing test at the beginning of the month to see how they are progressing as individuals. Beyond proud of their accomplishments so far!

ATHLETICS & ACTIVITIES

OCT 2024

By: Austin Hershberger



Fall Sports

Junior High fall sports are coming to a close in October. Football, Volleyball, and Cross Country have all experienced successes in different ways this season. Before the next newsletter, Girls Basketball and Boys Wrestling will begin their seasons. It's an exciting time on the Trail!

Our 7th and 8th grade Football teams are continuing to get better each and every day at practice. They are competing hard amongst league competition. Our 8th grade team currently holds a 1-2 record, while 7th grade is 0-3. Against Anderson County earlier this season, our 8th grade team scored a late Touchdown to send the game to Overtime. They ended up coming just short in OT, losing the game 6-14, however, this was against the same Anderson County team that had beaten them 36-0 the previous season. 8th grade's first victory of the season came against Osawatomie, winning 29-6. Again, a huge improvement from their 14-12 victory over Osawatomie last season. Football has two league games yet to play in October and will finish out their seasons with the 7th grade Bowl on Oct 21, and 8th grade bowl Oct 22.

Volleyball has played a lot of matches this season and have faced a variety of competition. At the Perry-Lecompton A-Team tournament on Sep 21, our 7th grade squad went 4-0 taking 1st place. Our 8th grade team went 2-2 in the tournament finishing in 4th place. Overall, 7th grade is 8-2 on the season, while 8th grade holds a 7-3 record. Volleyball will close out the season at the Pioneer League Tournament in Osawatomie on October 5.

Since the first Cross Country meet on September 5th, 3 different Chargers have set new Personal Best Records this season. This is a tough group of kids! Cross Country has 3 races in October left in their season, and will finish with the League meet on October 17 at Burlington.

Girls Basketball season is right around the corner! Practices will begin October 7.

Reminder, if your child plans to participate in a KSHSAA activity during the 2024-2025 school year, they must have a physical on file with the office prior to the first practice. The physical must be completed after May 1st, 2024. Please return a completed KSHSAA Physical signed by your physician as soon as possible.



UpComing Events:

- Oct 3 - Football @ Burlington 4pm
- Oct 3 - Volleyball vs Wellsville @ SFTHS 4pm
- Oct 5 - Volleyball League Tournament @ Osawatomie 9a
- Oct 7 - First Day of Girls Basketball Practice
- Oct 10 - Cross Country @ Osage City (OCCC) 4pm
- Oct 15 - Football vs Prairie View @ SFTHS 4pm
- Oct 17 - Girls Basketball vs Iola @ CAC 4pm
- Oct 17 - League XC @ Burlington 4pm
- Oct 21 - 7th Grade FB Bowl @ Burlington Time TBD
- Oct 21 - Girls Basketball @ Wellsville 4pm
- Oct 22 - 8th Grade FB Bowl @ Osawatomie Time TBD
- Oct 22 - Girls BB vs Baldwin (7th HOME, 8th @ Baldwin) 4pm
- Oct 24 - First Day of Boys Wrestling Practice

*Inspiring and Empowering
Every Charger, Every Day!*

Technology Classes

4th & 5th grade

The students in Mrs. Gregoire's 4th grade, Mr. Prost's and Mrs. Rhoades' tech class have been working on a google slide project about technology words. They were able to choose their 5 or 10 tech words and followed the guidelines in their google classroom assignment.

They were taught some new skills and some skills were a review for some students. Keyboard shortcuts, the use of the "right click" on the mouse along with formatting the text (color, size, style), changing background colors, adding borders around images, researching for the correct definition of the tech term and adding transitions and animations were of the many skills they used. I also provided them with a video that showed how to accomplish all these skills.

These classes have tech every other day for quarter 1 and quarter 3.

6th Grade

The students in the quarter 1 class are learning about digital citizenship which includes new vocabulary and all the do's and don'ts when living in a digital world.

Students will continue to practice and work on their typing technique on Tuesday and Thursdays using typing.com. They are also designing projects that reflect what they know about the 6 topics of digital citizenship. This week the students enjoyed a game of jeopardy which allowed them to share what they know about the 6 topics.

The students are also learning real life situations through banzai.org which is a digital citizenship simulation program.

Mrs. Dayhoff



7th/8th Grade

This semester's combo class of 7th and 8th graders started off with some basic google doc skills and then will advance those skills as they will also learn the rest of the google apps suite: google sheets, google slides and forms.

They have typing lessons twice a week using typing.com website and they will then continue to practice through all their daily lessons.

Students are also working on independent projects that provide them a very wide variety of technology and innovative programs, skills and interests.

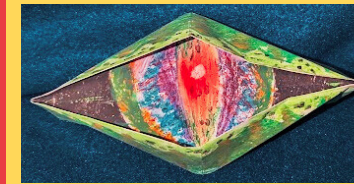
Students are learning 3D design, using the 3D pens, coding, use of the Cricut and how to use google sheets for pixel art or a wordsearch creator. I encourage the students to think outside the box and if they can tie their project to a technology skill or many skills then I allow their project idea. The students work on these projects when they are done with their regular assigned work and most Fridays are set aside for project work time too.

Students will also learn about financial literacy, budgeting and running a lemonade stand through the banzai simulation website towards the end of the semester.

This week the student's have been learning specific skills while using google docs such as inserting a header, formatting information into columns, changing lowercase words to all caps (without deleting and retyping the words). Each lesson progresses to new skills and reviews previous skills as the more we practice, the more we remember how to do the specific skill. I also provide a video that shows how to perform the skills or the students can choose to read for the handout.



**We've been busy in the art room!
4th Graders honed their paper-folding skills to create Origami Dragon Eyes.
5th Graders worked on Dragon Eyes, and are designing themed mini-magazines, or "zines".**



Kahli A.



Mr. Adams' 4th Graders work together on a spirit poster for Homecoming Week



5th Grade Zines



Practicing two-point perspective

**6th, 7th, and 8th graders are exploring how perspective is used in art.
6th graders began their one-point perspective room drawings while 7th/8th graders got started on two-point perspective "fantasy-scapes."**



Students worked together in the latest Art Chopped challenge: Under the Sea

Mental Health Minute

Set Your Student UP For Success!!

The start of a new school year brings a great opportunity to establish a routine, which is important for academic success and overall well-being. A solid routine helps reduce stress by providing clear structure and teaching healthy habits. Stable and consistent routines also teach children time management and organizational skills. Sleep is an important part of establishing a routine. Getting enough sleep helps students learn and experience more positive interactions by improving attention, problem-solving skills, and emotional regulation.

